

1 Say no to using plastic bags; take your own shopping bag

2 Say no to plastic straws, cutlery and stirrers

3 Bring your own reusable cup

4 Carry and refill reusable water bottles

8

TIPS FOR A GREENER LIFESTYLE

TOGETHER WE CAN PROTECT OUR PLANET WITH THESE

8

SIMPLE STEPS!

8 Pick up plastic on beaches and byways

7 Use biodegradable cotton buds & bamboo toothbrushes

6 Avoid synthetic clothing; it sheds microfibres

5 Say no to single use condiment sachets



Reduce Reuse Refill Recycle
PLASTIC FREE LYME REGIS
PLASTICFREELYME.UK