

SAY NO TO USING PLASTIC BAGS; TAKE YOUR OWN SHOPPING BAG

1

SAY NO TO PLASTIC STRAWS, CUTLERY AND STIRRERS

2

BRING YOUR OWN REUSABLE CUP

3

CARRY AND REFILL REUSABLE WATER BOTTLES

4

8

TIPS FOR A PLASTIC FREE WORLD

PICK UP PLASTIC ON BEACHES AND BYWAYS

5

USE BIODEGRADABLE COTTON BUDS & BAMBOO TOOTHBRUSHES

6

AVOID SYNTHETIC CLOTHING; IT SHEDS MICROFIBRES

7

SAY NO TO SINGLE USE CONDIMENT SACHETS

8

TOGETHER WE CAN PROTECT OUR PLANET USING THESE SIMPLE STEPS!

**Reduce Reuse Refill Recycle
PLASTIC FREE LYME REGIS
WWW.PLASTICFREELYME.UK**

